



Mount Edgecumbe High School Statewide Video Conference

March 14, 2024

Kristen Homer - Nurse Practitioner/Clinic Manager

Email: kristenh@mehs.us

Phone:(907)-966-5205



- Primary Care Clinic M-F 8:00am to 5:00pm
- RN Coverage 7 days per week until lights out
- We have COVID-19 2023-2024 vaccine available. Please call nurse (907) 966-3264 if you would like your student to receive the vaccine.
- All immunizations administered at MEHS are entered into VacTrAK and are accessible to your local clinic
- Lots of respiratory viruses are circulating right now. Please encourage your child to wash their hands, cover their coughs, and wear a mask if sick
- It is time to think about sports physicals for next school year!

Rachel Sorokin - Mental Health Clinician/Wellness Coordinator

Email: rachels@mehs.us

Phone: (907)-966-3224



Thank you for sharing and trusting us with your children. The Wellness Team is truly honored to partner with families in providing support and care for our students. Please call or email if you have any concerns or questions.

Wellness Team is in the dorms from 2:30 to 11:00 pm 7 days a week providing social emotional and mental health support for students.

- Wellness Team offers counseling and mental health support on campus through one-on-one counseling and group counseling
- Partner with other mental health providers across the state and community to ensure continuity of services for students
- Continue to offer prevention and tobacco cessation groups, in addition to Commitment to Clean program substance use

Highlights and Looking Ahead:

- Commitment to Clean and prevention/tobacco cessation groups continue to be an effective support for students who are working on managing addiction
- Have partnered with the Kwek Society (“Kwe’k” means “women” in the Potawatomi language) to offer student accessible feminine products around campus free of charge. Each female student was given a moon bag to hold supplies and baskets are accessible around campus for students to refill moon bags as needed with supplies. Here is a link to their website for more information about this incredible Native American women led nonprofit organization.
<https://kweksociety.org/about/#mission>
- Have also partnered with Bras for Girls to offer sports bras for students free of charge which have been distributed to coaches for teams. Here is a link with more information about this generous nonprofit. <https://www.brasforgirls.org/pages/our-story>
- Will be providing QPR (Question, Persuade, Refer) training in Health classes this upcoming trimester which focuses on suicide prevention and awareness for youth.
- Have been providing a lot of support with interpersonal and healthy relationship skills (roommate and romantic conflicts)
- Have also been providing support for the Senior class students as they are facing a major life transition from high school to young adulthood



Miranda Bacha - Academic Principal

Email: mirandab@mehs.us

Phone: (907) 966-3202



- Trimester 3 began Feb 26th.
- Applications for new students are being accepted.
- AK STAR Testing/MAP Testing - March 27 & 28
- Alaska Science Assessment - April 2nd
- Prom - April 20th
- ACT Test for Juniors - April 24th
- Tribal Resource and Career Fair (April 3rd and 4th)
 - Scholarships
 - Internships
 - Job Training

Chohla Moll - Cultural Integration Coordinator

Email: chohlam@mehs.us

Phone: (907)-966-3245



Since the last Video Conference!

- ❑ **Cultural Integration in MEHS classrooms**
 - ❑ Alaska Humanities Forum Ilakucaraq Identity Workshop
 - ❑ Junior Advisory/Open to all students
 - ❑ Mr. Delikatny - Snowball Geometry
 - ❑ Mr. Martin - Cultural Values Compass lessons in Junior Advisory
 - ❑ SJ Museum Field trips - AK History
 - ❑ Enrichment programming
- ❑ **Dance Groups**
 - ❑ MEHS Dance Groups representing 5 Alaska Native cultural groups: Sugpiaq, Unangaġ, Yup'ik, Iñupiaq/SLI, Athabascan
 - ❑ ~ 15 basketball home game halftime shows!
 - ❑ Pioneer Home and SJ Museum Lunch Speaker Series

Coming up!

- ❑ SJ Museum and Sitka Sound Science Center field trip support
 - ❑ Economics & Physical Science
- ❑ SJ Museum Lunch Speaker Series - Dance Groups (Jan. - Apr.)
- ❑ Performances and Cultural Celebrations
 - ❑ Cultural Tourism Conference
 - ❑ Pioneer Home
 - ❑ VPSO Graduation
 - ❑ 4th Grade Cultural Share
 - ❑ Senior Awards Assembly

Chohla Moll - Cultural Integration Coordinator

Snowball Geometry w/ Dr. Delikatny



Chohla Moll - Cultural Integration Coordinator Alaska Humanities Forum - Ilakucaraq Identity Intensive



MEHS students learning from local cultural bearer Rachel Moreno about how to make tin.aa out of copper



Students listen to Mt. Edgecumbe School Alumni share about the impact of residential boarding schools on their life and the lives of their classmates

Chohla Moll - Cultural Integration Coordinator



MEHS Yup'ik Dance Group
performing at the SJ Museum
Lunch Speaker Series

Chohla Moll - Cultural Integration Coordinator



MEHS Iñupiaq/SLI Dance Group performing at the SJ Museum Lunch Speaker Series

Chohla Moll - Cultural Integration Coordinator



MEHS basketball halftime shows!



Claude Presley - Director of Residential Life

Email: claudep@mehs.us

Phone: 907-966-3275

Andrew Friske - Residential and Activities Principal

Email: andrewf@mehs.us

Phone: (907)966-3228

Tutorials & StAR Center Facts & Update:

- Averages of 56 students a night
- New this trimester Sunday Study Hour for everyone!
- Focus for final trimester of this school year, is to apply more personalized tutoring, help freshmen that are transitioning into MEHS academic life, make that final push to be personally responsible sophomores next year, and to help upperclassmen with areas of struggle that have been made apparent over the last few months.

Recreation:

Great weather = numerous outdoor activities, including beachcombing, biking, hiking, and kayaking. The month of February featured fun indoor events Superbowl Party and a visit from the Seattle Pipes and Drums.

DDF: 14 students qualified for State competition February 22-24 in Anchorage. **Mt. Edgecumbe came in 2nd place!**

Region V: Region V Basketball, Cheer, Dance & Pep Band Tournament: MEHS hosted the largest tournament to date with over 727 participants playing basketball or an instrument, cheering and dancing! Concessions #1 fundraiser for our recreation department.

NYO: has started! 50 plus kids participating



MEHS PRIDE!!



Trish Bessert - Recreation Coordinator

Email: trishab@mehs.us

Phone: 907-966-3290

Healthy Braves Initiative

- Students earn points for participating in recreation activities that promote health & wellness.
- Earn a spot on the whale cruise

Suzzuk Huntington - Superintendent

Email: suzzukh@mehs.us

Phone: (907)-966-3201



- ❖ Advisory Board meeting update:
 - Next meeting - March 15 @ 1:30pm, Virtual
 - Last meeting - April 23 @ 3pm, Virtual
- ❖ Admissions opened January 31st
 - Early bird deadline coming up
 - Early acceptance letters - early to mid-May
- ❖ Returning students do NOT have to re-apply
 - Re-enrollment paperwork does need to be filled out each year
 - Re-enrollment paperwork will be sent to parents email addresses in early May