



Mount Edgecumbe High School Statewide Video Conference

April 2024

Kristen Homer - Nurse Practitioner/Clinic Manager

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- Primary Care Clinic M-F 8:00am to 5:00pm
- RN Coverage 7 days per week until lights out
- Influenza Update
- Lots of respiratory viruses are circulating right now. Please encourage your child to wash their hands, cover their coughs, and wear a mask if sick
- It is time to think about sports physicals for next school year!

Suzzuk Huntington - Superintendent

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- ❖ Advisory Board meeting update:
 - Special meeting (Budget)- April 25 @ 1:00pm, Virtual
 - Last meeting - May 15 @ 2pm, Virtual
- ❖ Admissions opened January 31st
 - Acceptance letters will go out by June 1st
 - Early round (March 31 deadline) about May 15th
- ❖ Indian Parent Committee
 - Meeting to review programs & budget for Indian Ed
 - Date and time (late April/early May) to be determined
 - Message will be sent out via School Messenger a week prior to the meeting
- ❖ Music Fest right now :-)

Miranda Bacha - Academic Principal

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- Trimester 3 began Feb 26th.
- AK STAR Testing/MAP Testing took place on March 27 & 28
- Alaska Science Assessment took place on April 2nd
- CLOSE-UP -Students are in Washington D.C.
- Cultural Banquet - April 9th
- Fine Arts Banquet - April 16th
- Sports Banquet - April 23rd
- Baccalaureate -May 7th at 7pm
- Graduation - May 9th

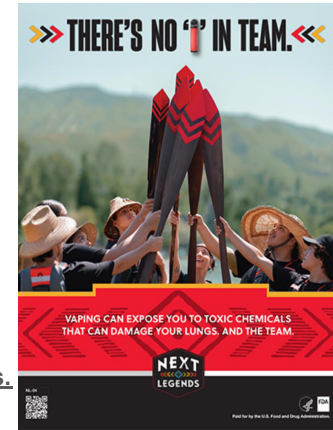
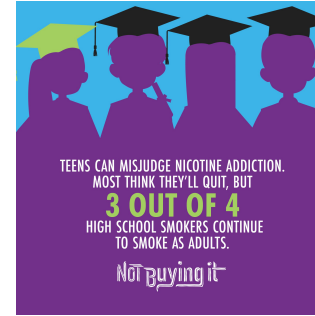
Rachel Sorokin - Mental Health Clinician/Wellness Coordinator



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Thank you for sharing and trusting us with your children. The Wellness Team is truly honored to partner with families in providing support and care for our students. Please call or email if you have any concerns or questions.



Wellness Team is in the dorms from 2:30 to 11:00 pm 7 days a week providing social emotional and mental health support for students.

- Wellness Team offers counseling and mental health support on campus through one-on-one counseling and group counseling
- Partner with other mental health providers across the state and community to ensure continuity of services for students
- Continue to offer prevention and tobacco cessation groups, in addition to Commitment to Clean program for substance use

Highlights and Looking Ahead:

During National Drug and Alcohol Fact Week (March 18-24), facts and informational videos were shared with students each day during MEHS announcements to bring more awareness of the negative effects of substance use in youth.

Attended the Alaska Native Youth Tobacco Cessation Symposium sponsored by ANTHC. Teams worked on targeted plans to support statewide policies and increase prevention and cessation programs for youth in Alaska. Members included elders, youth, school representatives, American Lung Association, American Cancer Society, Mayo Clinic, State of Alaska, and ANTHC to create partnerships and plans including a tobacco cessation toolbox that is more targeted to Alaska Native culture and values.

Continue to support students as they are preparing for the end of the school year. This is a transitional time as the school year is ending and graduating is approaching. With this comes a lot of excitement, but also a lot of changes which can cause emotional stress.



Chohla Moll - Cultural Integration Coordinator

Since the last Video Conference!

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❑ Cultural Integration in MEHS

- ❑ SJ Museum Field Trips - AK History and Economics
- ❑ Sitka Sound Science Center field trip - Physical Science
- ❑ Cultural Awards Banquet - April 9th
- ❑ Youth Alaska Blanket Exercise - Student Educator Training
 - ❑ April 8th and 9th

❑ Dance Groups

- ❑ SJ Museum Lunch Speaker Series
 - ❑ Iñupiaq/SLI Dance Group - March 13th
 - ❑ Unangaġ Dance Group - April 4th
- ❑ Performances and Cultural Celebrations
 - ❑ Cultural Tourism Conference
 - ❑ Pioneer Home
 - ❑ VPSO Graduation
 - ❑ 4th Grade Cultural Share

Coming up!

- ❑ Senior Awards Ceremony - Dance Group Performances



Yup'ik Dance Group performing at the VPSO Graduation



Students at the 4th Grade Cultural Share
Keet Gooshi Heen Elementary School



Students presenting at the 4th Grade Cultural Share

@ Keet Gooshi Heen Elementary



Iñupiaq/SLI
Dance Group
performing at the
SJ Museum
Lunch Speaker
Series

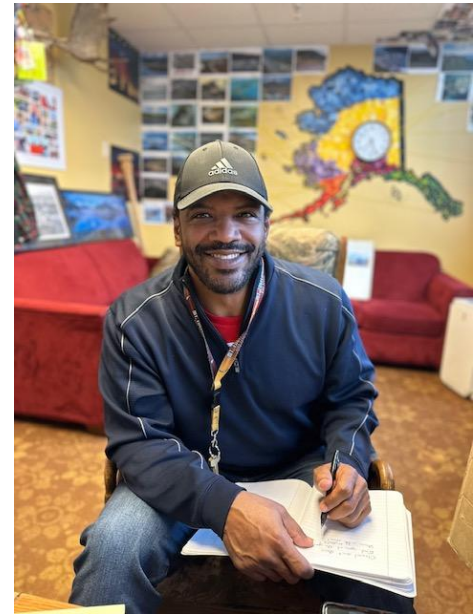


Unangaġ Dance
Group performing
at the SJ
Museum Lunch
Speaker Series

Claude Presley - Director of Residential Life

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Andrew Friske - Residential and Activities Principal

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START GETTING READY FOR GRADUATION!!

- Starts with herring eggs!
- Senior Talks (30 day rule, do something you haven't done, take care of business and enjoy your friends)
- Summer Storage Plan
- Mail Your Stuff HOME!!!

NYO competes in Juneau & Anchorage





Egg Harvest

Mt. Edgecumbe High School students and AmeriCorps Volunteers process herring roe on branches April 4 at the work float in Sitka Channel. Andrew Friske, Mt. Edgecumbe High School residential principal, used his boat to gather the eggs for the students to send to their families. Pictured

are, from left, Tyrell Cromer; Laura Cebulski, AmeriCorps; Emilie Vidrine, AmeriCorps; Darren Toolie-Noongwook; and Audie Samuel. Alaska Department of Fish and Game estimated a herring return of 406,226 tons this year. (Sentinel Photo by James Poulson)

Stick pulls, seal hops and sportsmanship: Traditional Games bring 260 athletes to Juneau

April 9, 2024 by Yvonne Krumrey, KTOD



Anchorage's Matthew Chughak performs an Alaskan High Kick during the 2024 Traditional Games in Juneau on Saturday, April 6, 2024. (Clarise Larson/KTOD)



Trish Bessert - Recreation Coordinator

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Upcoming Recreation Events

- Harvesting Herring Eggs on Kelp (This weekend)
- Allan Point Cabin (April 12th)
- Triathlon (Canoe, Bike, Run - April 14th)
- Pre-prom Whale Cruise Party (April 19th)
- Prom After Party for Upperclassmen (April 20th)
- Pig Roast (May 4th)
 - Barbecue, Bonfire, Fireworks
- End of the year lock-in (May 8th)





